



# International Journal of Homoeopathic Sciences

E-ISSN: 2616-4493  
P-ISSN: 2616-4485  
IJHS 2019; 3(3): 69-76  
Received: 04-05-2019  
Accepted: 06-06-2019

**Dr. Ayush Kumar Gupta**  
Assistant Professor, Dr. D.Y.  
Patil Homoeopathic Medical  
College, Pune, Maharashtra,  
India

## Use of rare remedies in homoeopathic practice

**Dr. Ayush Kumar Gupta**

### Abstract

In homoeopathy, vast numbers of drugs are written in homoeopathic materia medica. Sometimes it leads to confusion in physician's mind that which remedy they should prescribe in a case. Very often homoeopathic physicians prescribe polychrest drugs based on symptom similarity and they get wonderful results. But sometimes it is very difficult to find one drug which can cover the totality, due to paucity of characteristic symptom or due to suppression of complaints or due to advance pathological changes. In this situation we have to prescribe a drug based on present signs & symptoms and here rare remedies plays important role in treatment of patient. Rare remedies are not frequently used because its actions are limited to some specific organ or part of the body. E.g. Gun Powder, it has specific action on skin and it acts as an antiseptic drug. It is useful when Hepar Sulph and Silicea fails to cure abscess, boils etc.

**Keywords:** Homoeopathy, pathogenetic, remedies, medicines

### Introduction

In homeopathy, there are wide range of medicines available which are prepared from different sources. The pathogenetic effect of some drugs are well known to us which is known as polychrest drugs, but still full action of some drugs are not known to us and also these drugs are not frequently prescribed which is called as rare remedies.

However action of some medicines are well known by drug proving, accidental proving, toxicological effect, clinical proving etc. but still there are so many remedies whose detailed pathogenetic effect is not easily available. In India, some government and non-government organisations are trying to know detailed pathogenetic effect by doing continuous research. However, when rare remedies prescribed give excellent result. Rare remedies are very specific in their action and are meant for a particular disease. Applying these remedies in an individual ailment provides fastest possible recovery. These rare remedies generally used in lower potencies.

### Need to know the pathogenetic power of rare medicine

- Dr. Hahnemann explained that physician must have knowledge of pathogenetic power of medicines, to achieve the cure from diseases.
- In aphorism 105 Dr. Hahnemann told that, to acquiring a knowledge of the instruments intended for the cure of the natural disease, investigating the pathogenetic power of the medicines, in order, when called on to cure, to be able to select from among them one.
- In Aphorism 106, the whole pathogenetic effect of the several medicines must be known....

### Advantages of rare remedies

- Rare remedies have specific action on human body. Some drugs acts well in specific disease condition.
- Selection of medicine is easy, on the basis of disease diagnosis or pathological symptoms.
- When detailed case taking is not possible.
- When patient is unable to describe his suffering.
- Can be prescribed, in non-availability of patient, when patient's relatives ask for treatment. Or over phone call when complete case taking is not possible.
- Helps in palliative treatment.
- When quick action is needed in case.

**Correspondence**  
**Dr. Ayush Kumar Gupta**  
Assistant Professor, Dr. D.Y.  
Patil Homoeopathic Medical  
College, Pune, Maharashtra,  
India

### Disadvantages of Rare remedies

- Non availability of the drug.
- Non availability of range of potency.
- Detailed information about drug is not available.
- Few or no characteristic symptoms.
- Prescribing rare remedies on the basis of few symptoms, can be miss or hit.
- Patient can have adverse drug reaction.
- It is not a curative treatment.
- Less reliable in action.

### Indications of some rare remedies

#### Avena Sativa

- Has a selective action on brain and nervous system, favorably influencing their nutritive function.
- Nervous exhaustion, sexual debility, and the morphine habit call for this remedy in rather material dosage. Best tonic for debility after exhausting diseases. Nerve tremors of the aged; chorea, paralysis agitans, epilepsy. Post-diphtheritic paralysis.
- Rheumatism of heart. Colds. Acute coryza (20 drop doses in hot water hourly for a few doses). Alcoholism. Sleeplessness, especially of alcoholics. Bad effects of Morphine habit. Nervous states of many female troubles.
- Mind.-Inability to keep mind on any one subject.
- Head.-Nervous headache at menstrual period, with burning at top of head. Occipital headache, with phosphatic urine.
- Female.-Amenorrhoea and dysmenorrhoea, with weak circulation.
- Male.-Spermatorrhoea; impotency; after too much indulgence.
- Extremities.-Numbness of limbs, as if paralyzed. Strength of hand diminished.
- Dose.-Tincture ten to twenty drop doses, preferably in hot water.

#### Ginseng Quinquifolium

- Said to be a stimulant to the secretory glands, especially salivary. Acts on the lower part of the spinal cord. Lumbago, sciatica, and rheumatism.
- Paralytic weakness. Hiccough.
- Skin symptoms, itching pimples on neck and chest.
- Head.-Vertigo, with Gray spots before eyes; semi-lateral headache; occipital; difficult opening of eyelids; objects appear double.
- Throat.-Tonsillitis, just like Bellad, but in dark-complexioned people.
- Abdomen.-Tense, painful, rumbling. Pain in right side. Loud gurgling in ileo-caecal region. Perityphlitis.
- Male.-Rheumatic pains after frequent emissions. Weakness of genital organs. Voluptuous tickling at end of urethra. Sexual excitement. Pressure in testicles.
- Extremities.-Hands feel swollen. Skin feels tight. Contraction.
- Coldness in back and spine. Bruised pain in small of back and thighs; nightly digging in right lower limb to toes. Burning heat in tips of fingers. Eruption on upper inner thighs. Stiff, contracted joints, heaviness of lower limbs. Crackling in joints. Stiffness in back.
- Dose.-Tincture, to third potency.

#### Pix Liquida

- Tar and its constituents *act on various mucous membranes.*

- *Its skin symptoms most important. A great cough medicine.*
- Bronchial irritation after influenza. Scaly eruptions. Much itching.
- Constant vomiting of blackish fluid, with pain in stomach.
- Alopecia.
- Chest.-Pain at a spot about the third left costal cartilage where it joins the rib.
- Rales through the lungs, and muco-purulent sputum; offensive odor and taste. Chronic bronchitis.
- Skin.-Cracked; itches intolerably; bleeds on scratching. Eruptions on back of hands.
- Dose.-First to sixth potency.

#### Agave Americana

- Indicated in stomach-ache, and painful erections in gonorrhoea.
- Strangury. Hydrophobia. Scurvy; countenance pale, gums swollen and bleeding, legs covered with dark purple blotches, swollen, painful and hard. Appetite poor; bowels constipated.
- Dose.-Tincture

#### Aethiops Mineralis

- This preparation is of *use in scrofulous affections, ophthalmia, otorrhoea, painful, irritating, scabby eruptions, hereditary syphilis.*
- Skin.-Eruptions. Favus-like, scrofulous, herpetic and eczematous.
- Dose. The lower triturations, especially the second decimal.

#### Guaco

- *Acts on nervous system and female organs. Antidote to bites of scorpions and serpents. Cholera. Bulbar paralysis. Syphilis.*
- Cancer. Deafness-tongue heavy and difficult to move. Spinal irritation. Spinal symptoms most marked and verified. Beer drinkers threatened with apoplexy.
- Diarrhoea and dysentery with aching in sacrum and loins.
- Headache, red face. Heaviness and difficulty in moving tongue.
- Throat.-Larynx and trachea constricted; difficult deglutition.
- Tongue feels heavy, difficult to move.
- Female.-Leucorrhoea copious, corroding, putrid, debilitating. Itching and smarting at night, as if fire were running out of parts.
- Urine.-Increased, cloudy, phosphatic. Pain over region of bladder.
- Back.-Pain between scapulae, extending to forearm. Burning in nape of shoulders. Pain along spine; worse, bending.
- Weariness through hips and lumbar region.
- Extremities.-Pain in deltoid, shoulders, elbows, arms, and fingers. Pain about hip-joint. Legs heavy. Pain in ankle-joints and soles. Paralysis of lower extremities.
- Modalities.-Worse, from motion.
- Dose.-Third to sixth potency.

#### Thlaspi Bursa Pastoris

- *It is remedy for haemorrhagic and uric acid diathesis.*
- *It removes the ill effects of suppression of*

*haemorrhages or vaginal discharges from uterus.*

- Worse- Ever other month.
- Better- Bathing. Dampness.- Rapid motion.
- Mind- Impulse to walk far.
- Stomach- Craves butter milk. Flatulence.- Blood or mucopurulent discharges after stool.
- Urinary- Haematuria.- Copious discharge of urinary sand.- Dysuria; of old persons, with dribbling; after forceps delivery.- Renal colic.- Urine runs away in little jets.- Brick dust sediment.- Albuminuria during pregnancy.
- Female- Metrorrhagia, with violent uterine colic; every alternate period very profuse.- Uterine fibroids, with cramps and expulsion of clots.- Sore pain in womb agg. on rising.- Menses or leucorrhoea leaves a fast stain.- Leucorrhoea, excites itching.- Milky water runs from right nipple.- Scarcely recovers from one period when another begins.

### **Adrenalinum**

- *Constriction of chest & High blood pressure are the main keynote.*
- Adrenalin or Epinephrin, the active principle of the medulla of the suprarenal gland, (cortical secretion not as yet isolated), is employed as a chemical messenger in the regulation of the activities of the body; in fact, its presence is essential to the activity of the sympathetic nerve.
- Adrenalin action on any part is the same as stimulation of the sympathetic nerve endings thereto. Local application to mucous membranes promptly induces transient ischaemia, seen in a blanching, persisting several hours from conjunctival instillation. Its action is very prompt, efficient, evanescent, owing to rapid oxidation and therefore practically harmless, unless too frequently repeated, when atheroma and heart lesions - myocardial - in animals have been reported. Arteries, heart, supra-renal bodies and vaso-motor system are prominently affected.
- The main action of Adrenalin is stimulation of the sympathetic endings, notably the splanchnic area, causing constriction of the peripheral arterioles, with resulting rise in blood pressure.
- This is especially observed in stomach, intestines; less in uterus, skin; nil in brain and lungs. Furthermore, is noticed, slowing of pulse, (medullary vagus stimulation), and strengthening of heart beat (increased myocardial contractility), resembling
- Uses.-Its chief therapeutic use depends on its vaso-constriction action; therefore a most powerful and prompt astringent and haemostatic; and invaluable in checking capillary haemorrhages, from all parts, where local or direct application is feasible: nose, ear, mouth, throat, larynx, stomach, rectum, uterus, bladder.
- Haemorrhagic condition not due to defective coagulation of the blood. Complete bloodlessness, ischaemia, may be induced with impunity. Locally, solutions sprayed or applied on cotton have been very efficient in bloodless operations about the eye, nose, throat, and larynx.
- Therapeutically, Adrenalin has been suggested in acute congestion of lungs, Asthma, Grave's and Addison's diseases, arterio-sclerosis, chronic aortitis, angina pectoris, haemophilia chlorosis, hay fever, serum

rashes, acute urticaria, etc.. The symptom guiding to this is, Sensation of thoracic constriction with anguish. This, with vertigo, nausea and vomiting have been produced by the drug. Abdominal pain. Shock or heart failure during anesthesia, as it causes very prompt rise of blood pressure by its action on nerve endings in the vessel wall.

- Caution. It must not be too frequently repeated, owing to cardiac and arterial lesions. For homoeopathic use 2x to 6x attenuation

### **Daphne Indica**

#### **Craving for tobacco**

- Acts on lower tissues, muscles, bones and skin. Sudden, lightning jerks in different parts of the body. Craving for tobacco.
- Burning in stomach. Parts of the body feel separated.
- Fetid breath, urine, sweat.
- Head.-Feels as if skull would burst; as if head were separated from body. Heat in head, especially in vertex. Tongue coated on one side only.
- Foul-smelling, ptialism hot.
- Urine.-Thick, turbid, yellowish, like rotten eggs.
- Extremities.-Right toe swollen, painful. Pain shoots upward into abdomen and heart. Rheumatic pains in thighs and knees. Cold feeling on buttocks. Shooting pains, shift rapidly worse, cold air.
- Sleep.-Entire inability to sleep; sometimes caused by aching in bones. Dreams, with nightmare. Dreams of cats, black cats. Starting on falling to sleep with chilliness and clamminess.
- Dose.-First to sixth attenuation.

### **Gun Powder**

- When there are *bone infections with total destruction*, and if silicea and hepar sulph fail, try Gun Powder.
- Blood poisoning.
- Gun Powder is for wound that refuse to heal or accidents from bad food or bad water. it is very good remedy for acute infections, boils, abscesses and bites. Anti-septic for bites and gun shot wound.

### **Hoang Nan**

- Leprosy.
- Exhaustion with vertigo; numbness and tingling in hands and feet; involuntary action of lower jaw. Pustules and boils; tertiary syphilis and Paralysis, Eczema, prurigo, old ulcers, leprosy, cancer of glandular structures and bites of serpents.
- Removes fetor and haemorrhage in cancer, revives the healing process.
- Dose.-Five drops of the tincture. May be increased to twenty.

### **Ficus Religiosa**

- This East Indian drug causes and cures haemorrhages of many kinds. Haematemesis, menorrhagia, haemoptysis, etc.
- Bloody urine.
- Head.-Melancholic-quiet; burning at vertex; vertigo and slight headache.
- Stomach.-Nausea, vomiting of bright red blood; pain and sick feeling in stomach.
- Respiratory.-Difficult breathing; cough with vomiting of blood; pulse very weak.

### **Justicia Adhatoda**

- Highly efficacious medicine for acute catarrhal conditions of the respiratory tract (used in the beginning)
- Head.-Irritable, sensitive to external impressions; hot, full and heavy head; lachrymation, with coryza, profuse, fluent, with constant sneezing; loss of smell and taste; coryza with cough.
- Throat.-Dry, pain during empty swallowing, tenacious mucus. Mouth dry.
- Respiratory.-Dry cough from sternal region all over chest.
- Hoarseness, larynx painful. Paroxysmal cough, with suffocative obstruction of respiration. Cough with sneezing. Severe dyspnoea with cough. Tightness across chest. Asthmatic attacks, cannot endure a close, warm room. Whooping-cough.
- Dose.-Third potency and higher. Severe aggravations have been noticed from lower potencies.

### **Menispermum canadense**

- A remedy for megrim, associated with restlessness and dreams.
- Pain in spine. Dryness, itching all over. Dry mouth and throat.
- Head.-Pressure from within outward, with stretching and yawning and pain down back. Sick headache; pain in forehead and temples, moving to occiput. Tongue swollen and much saliva.
- Extremities.-Pain in back, thighs, elbows, shoulders. Legs sore, as if bruised.

### **Thymolum**

- A remedy having a wide field in genito-urinary diseases. It is indicated in pathological emissions, priapism and prostaticorrhoea.
- The provings show an action limited to the sexual organs, producing a typical sexual neurasthenia. Specific for hookworm disease.
- Mental.-Irritable, arbitrary, must have his own way. Craves company. Energy gone.
- Male.-Profuse, nightly, seminal emissions with lascivious dreams of a perverted character. Priapism. Urinary burning and subsequent dribbling of urine. Polyuria. Urates increased. Phosphates decreased.
- Sleep.-Awakes tired and unrefreshed. Lascivious and fantastic dreams.
- Modalities.-Worse, mental and physical labor.

### **Alstonia constricta**

- It has been used as a tonic after exhausting fevers. Locally it has been for ulcers and rheumatic pain.
- It produces great debility and prostration or low fever often with diarrhoea. Debility from lack of digestive power in the stomach or general assimilative power.
- Tongue generally has a dirty white coat, especially at base, though it may be clean.

### **Filix Mas**

- A remedy for worm symptoms, especially with constipation.
- Tapeworm. Soporific conditions. Torpid inflammations of lymphatic glands.
- (Maceration of fresh root.) Pulmonary tuberculosis in

young patients, no fever, with limited, ulcerated lesions, formerly classified as scrofula.

- Eyes.-Blindness, monocular amblyopia.
- Abdomen.-Bloated.-Gnawing-pain; worse eating sweets. Diarrhoea and vomiting. Worm colic, with itching of nose, pale face, blue rings around eyes. Painless hiccough.
- Tasteless and will remove tape worm. Cina; Granat.; Kouso.
- Dose.-First to third potency. For the expulsion of tapeworm, a full dose of 1/2 to 1 dram of the Oleoresin, fasting.

### **Fagopyrum esculentum**

- *Its action on the skin, producing pruritus, is very marked.*
- Visible pulsation of arteries. Fluent coryza. Offensive excretions.
- Itching erythema. Pruritus senilis. Post-nasal catarrh; dry crusts, granular appearance of posterior nares with itching.
- Inability to study or remember. Depressed and irritable.
- Itching of eyes and ears. Itching in and around eyes and ears. Head hot, better bending backward, with tired neck.
- Skin.-Itching; better by bathing in cold water; worse scratching, touch and retiring. Sore red blotches. Blind boils.
- Itching of knees and elbows and hairy portions. Itching of hands, deep in. Vesicular, pustular, phlegmonous dermatitis. Skin hot, swollen.
- Modalities.-Better, cold water, coffee; worse, in afternoon; from sunlight, scratching.

### **Granatum**

- As a vermifuge for the *expulsion of tapeworm*, and homoeopathically for the following symptomatic indications. Salivation, with nausea, and vertigo. Spasm of the glottis.
- Stomach.-Constant hunger. Poor digestion. Loses flesh. Vomiting at night.
- Abdomen.-Pain in stomach and abdomen; worse about umbilicus; ineffectual urging. Itching at anus. Dragging in vaginal region, as if hernia would protrude. Swelling resembling umbilical hernia.
- Dose.-First to third potency.

### **Hura Brasiliensis**

- *Used in leprosy*, when skin feels as if it were hide bound Tense vesicles; sensation of splinter under thumb-nails. Skin of forehead feels drawn tight. Stiff neck, pain in back.
- Throbbing in finger tips. Itching, pimples on all projecting portions of bone, malar bones, etc.
- Dose.-Sixth potency.

### **Oleum Jecoris Aselli**

- *Internally, a nutrient and a hepatic and pancreatic remedy.* (Burnett.) Emaciation, lassitude, scrofulous diseases, rheumatic affections. Atrophy of infants; emaciation with hot hands and head; restless and feverish at night. Pains in liver region.
- *Tuberculosis in the beginning.*
- Chest.-Hoarseness. Sharp stitching pains. Burning

spots. Dry, hacking, tickling cough, especially at night. Whooping-cough in miserable, scrofulous children. Here give drop doses, increasing daily one drop up to twelve, then descend in the same way. Soreness through chest. Haemoptysis. [Acalypha; Millef.] Palpitation, accompanies other symptoms. Yellowness. Children who cannot take milk.

- Dose. First to third trituration. Locally in ringworm, and nightly rubbing, for dwarfish, emaciated babies.

### Santoninum

- Is the active principle of Santonica, the unexpanded flower heads of *Artemisia Maritima-Cina.*, which see.
- The eye symptoms and those of the urinary tract are most prominent. It is of unquestioned value in the treatment of worm diseases, as gastro-intestinal irritation, itching of nose, restless sleep, twitching of muscles. *Ascaris lumbricoides*, and thread worms, but not tapeworms. Night cough of children.
- Chronic cystitis. Laryngeal crises and lightning pains of tabes.
- Itching of nose. Bores into nostrils.
- Eyes.-Sudden dimness of sight. Color blindness; Xanthopsia. Strabismus due to worms. Dark rings about eyes.
- Mouth.-Fetid breath, depraved appetite; thirsty. Tongue deep-red. Grinding of teeth. Nausea; better after eating. Chocking feeling.
- Urinary.-Urine greenish if acid and reddish purple if alkaline. Incontinence and dysuria. Enuresis. Feeling of fullness of bladder. Nephritis.
- Dose.-Second to third trituration. Lower preparations are often toxic. Do not give to a child with fever or constipation.

### Scutellaria laterifolia

- This is a *nervous sedative, where nervous fear predominates*. Cardiac irritability. Chorea. Nervous irritation and spasms of children, during dentition. Twitching of muscles. Nervous weakness after influenza.
- Mental.-Fear of some calamity. Inability to fix attention. [Aethus.] Confusion.
- Flushed face. Restless sleep and frightful dreams. Must move about.
- Night terrors. Migraine; worse, over right eye; aching in eyeballs. Explosive headaches of school teachers with frequent urination; headaches in front and base of brain.
- Nervous sick headaches, worse noise, odor light, better night; rest, 5 drops of tincture.
- Stomach.-Nausea; sour eructations; hiccough; pain and distress.
- Abdomen.-Gas, fullness and distention, colicky pain and uneasiness. Light colored diarrhoea.
- Male.-Seminal emissions and impotency, with fear of never being better.
- Sleep.-Night-terrors; sleeplessness; sudden wakefulness; frightful dreams.
- Extremities.-Twitchings of muscles; must be moving. Chorea. Tremors. Sharp stinging pains in upper extremities.
- Nightly restlessness. Weakness and aching.
- Dose.-Tincture and lower potencies.

### Scrophularia nodosa

- A powerful medicine whenever *enlarged glands* are present. Hodgkin's disease.
- A valuable skin remedy. Has a specific affinity for the breast; very useful in the dissipation of breast tumors. Eczema of the ear.
- Pruritus vaginae. Lupoid ulceration. Scrofulous swellings. [Cistus.] Painful haemorrhoids.
- Tubercular testis. Epithelioma.
- Nodosities in the breasts. Eczema behind ear. Crusta lactea.
- Ears.-Inflammation about auricle. Deep ulcerated auricle. Eczema around ear.
- Respiratory.-Violent dyspnoea, oppression of chest with trembling. Pain about bifurcation of trachea. Asthma in scrofulous patients.
- Skin.-Prickling itching, worse back of hand.
- Modalities.-Worse lying on right side.
- Dose.-Tincture and first potency. Apply locally to cancerous glands also *Semper. viv.*

### Squilla maritima

- A slow acting remedy. Corresponds to ailments requiring several days to reach their maximum. *Persistent, dull, rheumatic pains permeate the body. A spleen medicine; stitches under left free ribs. Important heart and kidneys medicine.* Broncho-pneumonia.
- *Acts especially on mucous membranes of the respiratory and digestive tracts*, and also upon the kidneys. Valuable *in chronic bronchitis of old people* with mucous rales, dyspnoea, and scanty urine.
- Respiratory.-Fluent coryza; margins of nostrils feel sore. Sneezing; throat irritated; short, dry cough; must take a deep breath. Dyspnoea and stitches in chest, and painful contraction of abdominal muscles. Violent, furious, exhausting cough, with much mucus; profuse, salty, slimy expectoration, and with involuntary spurting of urine and sneezing. Child rubs face with fist during cough.
- Cough provoked by taking a deep breath or cold drinks, from exertion, change from warm to cold air. Cough of measles. Frequent calls to urinate at night, passing large quantities. Sneezing with coughing.
- Heart.-A cardiac stimulant affecting the peripheral vessels and coronary arteries.
- Urinary.-Great urging; much watery urine. Involuntary spurting of urine when coughing.
- Skin.-Small, red spots over body, with prickling pain.
- Extremities.-Icy cold hands and feet, with warmth of the rest of the body. Feet get sore from standing. Tender feet with shop girls.
- Modalities.-Better, rest; worse, motion.

### Stillingia Silvatica

- *Chronic periosteal rheumatism, syphilitic and scrofulous affections.* Respiratory symptoms well marked. Torpor of lymphatics; torpid liver, with jaundice and constipation.
- Mind.-Gloomy forebodings; depressed.
- Respiratory.-Dry, spasmodic cough. Larynx constricted, with stinging in fauces. Trachea feels sore when pressed. Hoarseness and chronic laryngeal affections of public speakers.

- Urinary.-Urine colorless. Deposits white sediment; urine milky and thick.
- Extremities.-Aching pains in bones of extremities and back.
- Skin.-Ulcers; chronic eruptions on hands and fingers. Enlarged cervical glands.
- Burning, itching of legs; worse, exposure to air. Exostosis. Scrofuloderma; syphilis, secondary eruption and later symptoms. Valuable for intercurrent use.
- Modalities.-Worse, in afternoons, damp air, motion. Better, in morning, dry air.

#### **Origanum Majorana**

- Acts on nervous system generally, and is effective in masturbation and excessively aroused sexual impulses. Affections of the breasts. Desire for active exercise impelling her to run.

#### **Juglans Regia**

- Skin eruptions are prominent.
- Skin.-Comedones and acne of the face. Crusta lactea, with soreness around ears. Itching and eruptions of small red pustules. Scalp red, and itches violently at night. Chancre-like ulcer. Axillary glands suppurate.

#### **Juglans Cinerea**

- *A faulty elimination that produces jaundice and various skin eruptions*, is pictured by this drug. The sharp, occipital headache, usually associated with liver disturbances, is very characteristic. Pain in chest, axilla and scapula, with suffocative sensation. Feeling as if all internal organs were too large, especially those of left side. Cholelithiasis.
- Nose.-Tingling in nose; sneezing. Coryza, preceded by pain under sternum, with threatening suffocation. Later, copious, bland, thick mucous discharge.
- Mouth.-Acrid feeling in mouth and throat. Soreness in region of tonsils externally. Dryness of root of tongue and fauces.
- Stomach.-Atonic dyspepsia with much eructation and flatulent distention. Soreness in region of liver.
- Back.-Muscles of neck rigid, lame. Pain between scapula and under right. Pain in lumbar vertebrae.
- Skin.-Red, like flush of scarlatina. Jaundice, with pain about liver and right scapula. Itching and pricking when heated. Pustules. Eczema, especially on lower extremities, sacrum and hands. Erythema and erysipelatosus redness.
- Stool.-Yellowish-green, with tenesmus and burning at anus. Camp diarrhoea.
- Modalities.-Better, getting heated, exercise, scratching, on rising in morning. Worse, walking.

#### **Chrysarobinum**

- Acts as a powerful irritant of the skin and used successfully in skin diseases especially in ringworm, psoriasis, herpes tonsurans acne rosacea. Vesicular or squamous lesions, associated with foul smelling discharge and crust formation, tending to become confluent and to give the appearance of a single crust covering the entire area. (Bernstein.) Violent itching, thighs, legs and ears. Dry, scaly eruption, especially around eyes and ears, scabs with pus underneath.

- Ears.-Eczema behind ears. Filthy, scabby condition with tendency to form thick crust. Whole ear and surrounding tissue appears to be one scab.
- Internally, third to sixth potency. Used externally; should be used with caution on account of its ability to produce inflammation.

#### **Arbutus andrachne**

- A remedy for eczema associated with gouty and rheumatic symptoms. Arthritis; especially larger joints. Urine rendered more clear. Lumbago. Symptoms shift from skin to joints.
- Dose.-Tincture, to third potency.

#### **Wyethia Helenoides**

- *Has marked effects on the throat, and has proven an excellent remedy in pharyngitis, especially the follicular form. Irritable throats of singers and public speakers. Useful also in haemorrhoids.*
- Hay-fever symptoms; itching in posterior nares.
- Mouth.-Feels as if scalded; sensation of heat down oesophagus. Itching of the palate.
- Throat.-Constant clearing and hemming. Dry, posterior nares; no relief from clearing. Throat feels swollen; epiglottis dry and burning. Difficult swallowing. Constant desire to swallow saliva. Uvula feels elongated.
- Stool.-Loose, dark, at night. Itching of anus. Constipation, with haemorrhoids; not bleeding.
- Respiratory.-Dry, hacking cough, caused by tickling of the epiglottis. Burning sensation in the bronchial tubes. Tendency to get hoarse talking or singing; throat hot, dry. Dry asthma.
- Extremities.-Pain in back; extends to end of spine. Pain right arm, stiffness of wrist and hand. Aching pains all over.
- Fever.-Chill at 11 a.m. Thirst for ice-water during chill. No thirst with heat. Profuse sweat all night. Terrific headache during sweat.

#### **Quercus E Glandibus**

- Used first by Rademacher for chronic spleen affections; spleen-dropsy. *Antidotes effects of Alcohol.* Vertigo; deafness, with noises in head. Takes away craving for alcoholics; deafness, dose as below for several months. Dropsy and liver affections.
- Useful in gout, old malarial cases with flatulence.
- Dose.-Ten drops to a teaspoonful of the distilled spirit three to four times a day. A passing diarrhoea often appears for a time when using it. Curative effect. Quercus acts well in trituration of the acorn 3x in splenic cases, flatulence, old malaria and alcoholic history. (Clark.)

#### **Skookum Chuck Aqua**

- Gentry introduced it to homoeopathy.
- Has strong affinity for skin and mucous membranes-An anti-psoric medicine.
- Otitis media. Profuse, ichorous, cadaverously smelling discharge.
- Lithaemia. Catarrh. Urticaria. Skin affections. Eczema. Dry skin. Hay-fever.
- Profuse coryza and constant sneezing.

### **Sterculia/Kola**

- Sterculia regulates the circulation and it is a tonic and anti-diarrhoea. It also regulates the heart rhythm and acts diuretically.
- Sterculia promotes the appetite and digestion and lessens the craving for alcohol. A remedy for the alcohol habit.
- Weak heart. Neurasthenia.
- Gives power to endure prolonged physical exertion without taking food and without feeling fatigued.

### **Galium aparine**

- Galium acts on the urinary organs, *is a diuretic and of use in dropsies, gravel and calculi*. Dysuria and cystitis. Has power of suspending or modifying cancerous action. Has clinical confirmation of its use in cancerous ulcers and nodulated tumors of the tongue. Inveterate skin affections and scurvy. Favors healthy granulations on ulcerated surfaces.
- Galium has had no proving, but it is a popular remedy for cancer given internally and externally; and also for scrofulous swelling and ulcers. It is further used as diuretic and as a solvent for gravel and stone. It has cured case nodulated tumour of the tongue diagnosed to be a cancer and a case of psoriasis of the left hand. Dr. J.H. Clarke

### **Galega**

- It has an ancient reputation as a milk gland stimulant. Its action on the milk gland of nursing women and found it rapidly increases the quantity and quality of the milk and increases the woman's appetite. Dr. J.H. Clarke

### **Chelone glabra**

- *Burnett has used it as an organ remedy in liver. A remedy in liver affections with pain or soreness of the left lobe of the liver and extending downwards. Dumb ague, i.e. ill defined paroxysms of aching and fever following severe malarial fevers.*
- Chelone acts in line between the hilus of the liver and fundus of the uterus.
- Soreness of external parts, as if skin were off; debility. Malaise, following intermittents. Debility from loss of tone of digestive organs, or liver, or from exhausting diseases. Dyspepsia with hepatic torpor.
- Jaundice. Round and thread worms. It is an enemy to every kind of worm infesting the human body.

### **Jatropha Curcas**

- *Of value in cholera and diarrhoea. The abdominal symptoms are most important. Suppressed measles (H. Farrington).*
- Stomach.-*Hiccough, followed by copious vomiting. Nausea and vomiting, brought on by drinking, with acrid feeling from throat. Great thirst. Very easy vomiting. Heat and burning in stomach, with crampy, constrictive pain in epigastrium.*
- Abdomen.-Distended, with gurgling noises. Pain in hypochondria.
- Pain in region of liver and under right scapula to shoulder. Violent urging to urinate.
- Stool.-*Sudden, profuse, watery, like rice-water. Diarrhoea; forced discharge; loud noise in abdomen like gurgling of water coming out of a bung-hole, associated with coldness, cramps, nausea, and vomiting.*

- Extremities.-Cramps in muscles, especially calves, legs, and feet. Coldness of whole body. Pain in ankles, feet and toes. Heels sensitive.
- Modalities.-Better, by placing hands in cold water.
- Dose.-Third to thirtieth potency.

### **Macrotinum**

- Muscular weakness, excessive restlessness, > by moving about in spite of the weakness; melancholy, and irritable; dulness of intellect-these were prominent general features. But the most important distinctive feature is *> of symptoms by onset of menses*
- Backache is > after menses.
- The resinoid of Act. r., Macrotyn., has been used in the lower triturations in preference to the tincture, in cases of lumbago more especially.

### **Rhamnus Catharticus**

- It produces "copious watery stools and occasions a good deal of nausea and severe tormina. Was formerly given in dropsy, but owing to the severity of the drug is now little used.
- The Schema is made up of symptoms observed in a boy poisoned by eating the berries. The ileo-cæcal symptoms seem to point to it as a possible remedy in cases of appendicitis. Homœopaths have found *Rham. cath.* Ø in doses of a few drops a useful palliative in cases of constipation.

### **Yohimbinum**

- Excites sexual organs and acts on central nervous system and respiratory centre. An aphrodisiac, used in physiological doses, but contraindicated in all acute and chronic inflammations of abdominal organs. Homoeopathically, should be of service in congestive conditions of the sexual organs. Causes hyperaemia of the milk glands and stimulates the function of lactation.
- Menorrhagia.
- Sexual.-Strong and lasting erections. Neurasthenic impotence.
- Bleeding piles. Intestinal haemorrhage. Urethritis.
- Sleep.-Sleepless. Thoughts of events of whole past life keep him awake.

### **Tellurium Metallicum**

- This metal irritates the skin, affects the spinal column, ears and eyes; produces neuralgic pains, notably sciatica.
- Discharges are acrid, excites itching, vesicates any part of the skin, it touches.
- The odour of the body and of the sweat is offensive and garlic like; ear discharge is that of fish brine.
- Salty; taste; mucus from throat, pus etc.
- Sharp quick pains then soreness.
- Numbness.
- Sense of retention.
- Periosteitis.
- Linear pains.
- Ill effects of injuries; spinal. Falls.
- Worse- Touch. Lying on affected part. Cold. Empty swallowing. Spinal injuries. Weekly. Cold weather. Friction. Stooping. Laughing. Coughing. Straining at stools.

### **Zizia Aurea**

- *Spasmodic movements of the muscles of face and extremities.*
- Choreic twitching during sleep.
- Hypochondriasis; desire to commit suicide.
- Hysteria, epilepsy, chorea, hypochondriasis, come within the sphere of this remedy.
- Mind.-Suicidal; depressed; laughing and weeping moods alternate.
- Head.-Pressure on top, in right temple, associated with backache.
- Male.-Great lassitude following coitus. Sexual power increased.
- Female.-Intermittent neuralgia of left ovary. Acrid, profuse leucorrhoea, with retarded menses.
- Respiratory.-Dry cough, with stitches in chest. Dyspnoea.
- Extremities.-Unusual tired feeling. Choreia, especially during sleep. Fidgety legs.
- Lameness in arms and spasmodic twitching.
- Modalities.-Worse, during sleep.
- Dose.-Tincture, to third potency.

### **Sumbulus Moschatus**

- Has many hysterical and nervous symptoms, and is of use in neuralgic affections and anomalous, functional, cardiac disorders.
- Numbness on becoming cold. Numbness on left side.
- Insomnia of delirium tremens (fifteen drops of tincture). Sensation as if water dropped down spine. Asthma. A tissue remedy for sclerosed arteries.
- Head.-Emotional and fidgety. Dull in morning, clear in evening. Mistakes in writing and adding. Comedones. Tenacious, yellow, mucus in nose.
- Throat.-Choking constriction; constant swallowing. Belching of gas from stomach. Spasm of pharyngeal muscles. Tenacious mucus in throat.
- Heart.-Nervous palpitation. Neuralgia around left breast and left hypochondriac region. Cardiac asthma. Aching in left arm, heavy, numb and weary. Loses breath on any exertion.
- Pulse irregular.
- Female.-Ovarian neuralgia. Abdomen full, distended, and painful. Climacteric flushes.
- Urinary.-Oily pellicle on surface of urine.
- Modalities.-Worse, active exercise; left side.

### **Indigo Tinctoria**

- *Marked action on the nervous system, and of undoubted benefit in the treatment of epilepsy with great sadness.*
- Excited mood and desire to be busy. Neurasthenia and hysteria.
- *Pure powdered Indigo placed on the wound cures snake and spider poison.* [Kali Permang.; Golondrina; Cedron.]
- Stricture of oesophagus; blue color. [Cupr.]
- Head.-Vertigo with nausea. Convulsions. Sensation of a band around forehead. Undulating sensation through whole head. Sensation as if brain were frozen. Gloomy; cries at night. Hair feels pulled from vertex. Head feels frozen.
- Extremities.-Sciatica. Pain from middle of thigh to knee.
- Boring pain in knee-joint; better, walking. Pain in limbs

worse after every meal.

- Nerves.-Hysterical symptoms where pain predominates
- *Excessive nervous irritation. Epilepsy; flashes of heat from abdomen to head; fit begins with dizziness. Aura from a painful spot between shoulders. Reflex spasms from worms.*
- Modalities.-Worse, during rest and sitting. Better, pressure, rubbing, motion.

### **Amylium Nitricum**

- *On inhaling this drug, it rapidly dilates all arterioles and capillaries, producing flushings of face, heat, and throbbing in the head.-Superficial arterial hyperaemia. Palpitation of the heart and similar conditions are readily cured by it, especially the flushings and other discomforts at climacteric. Hiccough and yawning. Often relieves temporarily epileptic convulsions. Seasickness.*
- Head.-Anxiety, as if something might happen; must have fresh air. Surging of blood to head and face; sensation as if blood would start through skin, with heat and redness. Flushings, followed by sweat at climacteric. Ears hyperaemic. Throbbing.
- Throat.-Constriction; collar seems too tight.
- Chest.-Dyspnoea and asthmatic feelings. Great oppression and fullness of chest; spasmodic, suffocative cough. Praecordial anxiety. Tumultuous action of heart. Pain and constriction around heart. Fluttering at slightest excitement.
- Female.-After-pains; haemorrhage associated with facial flushing. Climacteric headache and flushes of heat, with anxiety and palpitation.
- Fever.-Much flushing of heat; sometimes followed by cold and clammy skin and profuse sweat. Throbbing throughout whole body. Abnormal sweat after influenza.
- Extremities.-Constant stretching for hours. Veins of hands dilated; pulsations felt in tips of fingers.
- For palliations. In all conditions where the blood-vessels are spasmodically contracted, as in angina pectoris, epileptic seizure, megrim, accompanied by cold, pallor, etc., also in paroxysms of asthma, chloroform asphyxia, inhalation of the Amyl.nit. will give immediate relief. For this non-homoeopathic application, two to five minims (put up in pearls) dropped on a handkerchief and inhaled may be required.

### **References**

1. Boericke's. New manual of Homoeopathic Materia Medica with repertory by Dr. William Boericke; third edition; published by B. Jain Publishers (P) Ltd.
2. A Dictionary of Practical Materia Medica by Dr. J.H Clarke; 30<sup>th</sup> impression published by B. Jain Publishers (P) Ltd.. 2012, 1, 2, 3.
3. Lotus Materia Medica by Robin Murphy; 2<sup>nd</sup> revised edition Indian edition published by B. Jain Publishers (P) Ltd. 2002.
4. Lesser writing by Dr. J.T Kent; published by B. Jain Publishers (P) Ltd.
5. Best of Burnett by Dr. H.L. Chitkara; published by B. Jain Publishers (P) Ltd.
6. An insight into the plant by Dr. Rajan Shankaran; second revised edition, 2007.