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A comparative study among persons who took COVID vaccination and Arsenicum album as preventive during COVID-19

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Abstract

Background: COVID-19 pandemic is the major health problem faced by each and every individual worldwide. For its prevention vaccinations were introduced after conducting trails by different companies in various names. In Homoeopathy, Arsenicum album 30C was found to be the most suitable preventive medicine and announced by AYUSH in the year 2020. 7 states of India distributed Arsenicum album 30C to people including Kerala and Tamil Nadu.

Purpose: To find out the effectiveness of Arsenicum album 30 as a preventive while comparing with vaccinations and general opinion about Homoeopathic preventive among the public.

Methodology: Google form questionnaire was prepared and send to people from various places and responses were collected and analyzed.

Result: From 200 responses, 35 people took Arsenicum album 30C alone during the pandemic and 32 people took vaccination for prevention and remaining people took both Arsenicum album 30C and vaccination for prevention. From both group 32 people were considered for the study and all the remaining were rejected. Arsenicum album shows high successive rate of 93.75% when compared to vaccination (87.5%) in the prevention of COVID-19. 81.25% people believe that Arsenicum album is effective in the prevention of Corona virus worldwide.

Conclusion: Arsenicum album 30C shows high successive rate in the prevention of COVID-19 when compared to Vaccination.

Keywords: Homoeopathy, arsenicum album, preventive, vaccination

Introduction

Coronavirus disease (COVID-19) is an infectious disease caused by the SARS-CoV-2 virus. Most people infected with the virus will experience mild to moderate respiratory illness and recover without requiring special treatment. However, some will become seriously ill and require medical attention. Older people and those with underlying medical conditions like cardiovascular disease, diabetes, chronic respiratory disease, or cancer are more likely to develop serious illness. Anyone can get sick with COVID-19 and become seriously ill or die at any age. In an article it was mentioned that death rate of Covid cases during June 2020-July 2021 was 29% percentage in India. For its prevention the Government of India supplies vaccination for each and every citizen but it shows short and long side effects. Homoeopathic medicines help a lot to prevent the occurrence of Covid. The Homoeopathic medicine Arsenicum album 30C was given to the people for the prevention of COVID-19 by various state Governments in India. This study was conducted in the year 2021 February among the persons residing in various districts of Kerala and Tamil Nadu.

Objectives

- To study the effectiveness of Arsenicum album 30C in the prevention of COVID-19
- To find out which system of medicine is more effective in the prevention of COVID-19

Review of literature

- A study was conducted in Pathanamthitta district of Kerala to find out the Efficacy of Arsenicum Album 30C for upregulating immunological markers among residents of Covid-19 related hot spot areas and it concluded that Arsenicum album 30C is effective for upregulating the immunological markers such as absolute CD4 count, absolute CD8 count, absolute CD3 count, absolute lymphocyte count and CD4:CD8 ratio among the residents of COVID-19^[1].

- Gabriel Christian de Farias Morais *et al.*, in their review article “Explore”, which was published in Elsevier explained about the effectiveness of homoeopathic medicines in the treatment and prevention of Covid-19 during its attack [2].
- Debadatta Nayak *et al* in their article named ‘Efficacy of individualized homeopathy as an adjunct to standard of care of COVID-19: A randomized, single-blind, placebo-controlled study’ found out that homoeopathic medicine was effective in treatment [3].
- Marc luis Clapers *et al* in their article named ‘Analysis of Homoeopathic Genus Epidemics for COVID-19 patients in Spain’ shows that Homoeopathic medicines are effective in the treatment of Covid-19 [4].

Materials and Methods

Google form questionnaire was prepared and send to people of various places through whatsapp and E-mail in February 2022 and responses were collected and analyzed. It contains personal data and 8 questionnaires. Link was https://docs.google.com/forms/d/e/1FAIpQLSdw-396VwkhM2IXxJy9AUVCzGVWuo_-uZ8X2DILIBKN8DlMVQ/viewform?usp=sf_link

Questionnaire

Name: Age: Sex: Contact number: Email Id:

1. Which preventive did you take during the outbreak of COVID-19?
 - a) Vaccination b) Arsenicum album 30 c) Others
2. Number of vaccination doses taken?
 - a) First dose b) Second dose c) Booster d) None
3. How long you took Arsenicum album 30 as preventive?
 - a) One month b) 2 months c) Continuing till now d) Stopped after took vaccination
4. Have you ever tested covid positive after taking preventive?
 - a) Yes b) No
5. Any other symptoms which appear after taking preventive medicine?
 - a) None b) Fever c) Palpitation d) Other cardiac symptoms e) Respiratory symptoms f) Others.....
6. Do you believe that Arsenicum album is effective in the prevention of Corona virus worldwide?
 - a) Yes b) No
7. Are you taking homoeopathic medication, for the first time?
 - a) Yes b) No
8. Would you like to take homoeopathic medications in future for any other illness?
 - a) Yes b) No

Discussion

From 200 responses, 35 people took Arsenicum album 30C alone during the pandemic and 32 people took vaccination for prevention and remaining people took both Arsenicum album 30C and vaccination. From both group 32 people were considered for the study and all the remaining were rejected. For the second question about number of vaccination doses taken 6 people took first dose and 25 people received 2 doses and one person took booster also. For the third question the responses were like 6 people took the preventive for 1 month, 8 people took Arsenicum album

for 2 months and 18 people respond like they were continuing till now (Feb 2022). From 32 people who took vaccination 4(12.5%) people were attacked with Covid and the remaining 28 (87.5%) people never get attacked with Covid but only 2 (6.25%) persons get Covid after taking Arsenicum album 30C and the remaining 30 (93.75%) were not attacked with Covid. From the responses regarding symptoms which appear after taking the preventive, 56(87.5%) people not get any symptoms, 6 (9.4%) persons get fever attack after taking vaccination; 1(1.56%) person get fever after taking Homoeopathic preventive and 1(1.56%) person get cold after taking Arsenicum album 30C. 81.25% people were believing in Arsenicum album for prevention of Corona virus and 18.75% people were not believing in Arsenicum album for the prevention of Covid worldwide. Among the responses 7 people were taking homoeopathic medicine for the first time, 5 were not answered for that question and 52 people were not new to Homoeopathy. And finally, 4 people were not willing to take homoeopathic medicine for any of their illness and 60 people like to take homoeopathic medications for their illness in future.

Results

From 200 responses, 35 people took Arsenicum album 30C alone during the pandemic and 32 people took vaccination for prevention and remaining people took both Arsenicum album 30C and vaccination. From both group 32 people were considered for the study and all the remaining were rejected. Arsenicum album shows high successive rate of 93.75% when compared to vaccination (87.5%) in the prevention of COVID-19. 81.25% people believe that Arsenicum album is effective in the prevention of Corona virus worldwide.

Conclusion

Homoeopathic medicine Arsenicum album 30C is effective in the prevention of COVID-19 while comparing to vaccination. The person who tested COVID positive after taking Homoeopathic preventive is less while comparing with persons who took vaccination. Symptoms which appear after taking Arsenicum album is minimum when comparing with the persons who took Vaccination. Majority of people believe in Arsenicum album in the prevention of COVID-19 worldwide. But further study is needed in large scale to confirm the result and it should be conducted in different states and different countries.

Conflict of Interest: No conflict of interest.

Financial support: Nil

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How to Cite This Article

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